CAPACITY AND FLEXIBILITY IN CTE PROGRAMS: PROGRAM OFFERINGS AND STUDENT SUCCESS

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September, 2018
Draft
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The research reported here was supported by the Institute of Education Sciences, U.S. Department of Education, through Grant R305H150073 to the Regents of the University of California. The opinions expressed are those of the authors and do not represent views of the Institute or the U.S. Department of Education
I. Introduction

Efforts to improve college degree completion have increasingly focused on community colleges, which enroll about 35% of the nation’s college students (and two-thirds of California’s college students). This focus reflects several fundamental characteristics of these institutions. First and foremost, community colleges are open access and low cost institutions, and as such are the primary point of access for postsecondary training. Second, community colleges offer a wide range of academic and career-technical education (CTE) programs leading to both BA-transferrable routes as well as a host of sub-baccalaureate degrees and certificates in a diverse set of fields. And, third, they offer flexible course-taking options, catering to both full-time and part-time enrollees, many of them pursuing higher education whilst working and/or taking care of families. However, these signature characteristics of community colleges have also come under scrutiny when confronted with low persistence and completion rates. Only about a third of degree seeking enrollees at community colleges complete a degree or certificate (Snyder et al. 2015).

Moreover, today’s postsecondary market offers an increasing number of flexible opportunities for degrees and certificates, with a growing number of private nonprofit and for-profit institutions. Many of the vocational or career technical oriented programs offered by private or for-profit programs advertise optimum flexibility for degree attainment. In fact, for-profits are often celebrated for their student-centered and flexible approach—year-round enrollment, accessibility, and clear pathways to the degree. But these programs have been shown to have no or low returns to degree completion (Cellini and Turner, 2018), while, in contrast, CTE programs within public community colleges, have been shown to have high returns (Stevens et al. 2017; Jepsen et al. 2014). Nevertheless, some speculate that the lack of
information and less flexibility—perceived or realized—may discourage enrollment and completion, especially among employed and older students at public community colleges (Bailey, Norena, and Gumport, 2001). This paper uses variation across programs in the large California Community College system to examine whether empirical measures of program and course flexibility are associated with increased enrollment or completion in CTE degrees and certificates. A closely related question is whether there are easily adjustable program, logistical or scheduling choices within community college CTE programs that can be used to better attract and support students, perhaps to compete more effectively with the perceived advantages of for-profit programs. Specifically, we ask:

1. Are there observable indicators of flexibility in community college CTE programs that can be measured and tracked over time?

2. Are these measures of flexibility associated with greater enrollments?

3. Are these measures of flexibility associated with better degree outcomes (e.g. greater number or rate of completions; shorter time to degree)?

4. Are within-school changes in flexibility associated with changes in enrollment, completion, or time to degree?

Prior Research

Today, more students are enrolling in college than ever before, but increased access to postsecondary education has been met with stagnant completion rates and increasing time to degree completion. Bound, Lovenheim and Turner (2012; 2010) suggest that the large aggregate shifts in time to degree occurred mostly among students beginning college at less selective public institutions, such as community colleges. Moreover, Bound, Lovenheim and Tuner (2010) find
that changes in resources per student account for a significant portion in the observed declines in college completion between the high school classes of 1972 and 1992; they write, “college enrollment has increased dramatically over the past three decades, many of the new students drawn to higher education (likely to take advantage of the increased returns to a BA) are attending institutions with fewer resources and are not graduating,” (Bound et al., 2010: 156).

National efforts to increase college degree attainment have focused heavily on community colleges, particularly the need for expansion of technical certificate programs (Bosworth, 2010; Holzer & Nightingale, 2009). Growing awareness of the need for post-secondary training beyond traditional academic programs, combined with long-term declines in the real earnings of Americans without college degrees makes it essential to better understand the supply and demand of vocational education programs in community colleges. Moreover, increasing accountability pressures for degree completion provide incentives for community colleges to strengthen CTE programs (Fain, 2018).

CTE programs remain understudied relative to the traditional academic and transfer pathways of community colleges. The existing literature, to a large extent, fails to explore selection into CTE and persistence and degree completion of this segment of higher education. Current accountability pressures mean that improved measurement and understanding of persistence and completion in these programs are critical to the leadership of community colleges. In a CTE context, the process of college enrollment and course decision-making may be particularly unique as many CTE programs are relatively short-term, including certificates requiring only a year of full-time study. Moreover, many older students enroll in vocationally-oriented programs (relative to academically-oriented programs) (Palmer & Gaunt, 2007), and thus, are likely to be balancing schooling with more demands at work or home. Some CTE
pathways, particularly those with higher returns in the labor market, such as nursing, also require significant academic courses that may necessitate developmental course pre-requisites. Finally, some students may “drop in” to a few CTE courses, often to improve or update skills in their current occupations, which further complicates the correct calculation and interpretation of many accountability measures in the CTE context. Overall, little research has been done to understand how students make sense of the different, and often overwhelming (Bailey et al., 2015; Scott-Clayton, 2011) set of CTE program and degree options available at community colleges.

Students who enter college, particularly those who attend open-access institutions may fail to complete an intended degree for several plausible reasons: lack of continuing interest (Manski, 1989) or weak information (Deil-Amen & Rosenbaum, 2002; Person, Rosenbaum, & Deil-Amen, 2006), lack of preparation or ability, which may require additional developmental coursework (Bettinger, Boatman, & Long, 2013; Kurlaender, 2014), or financial constraints that limit participation or require balancing work with school (Singell, 2004; Ehrenberg & Mavros, 1995; Siegfried & Stock, 2001, 2006; Glockler, 2011; Bettinger & Long, 2004; Dynarski, 2005; Volkwein & Lorang, 1996). In reality, these different explanations may interact in complex ways, and likely intersect with a host of institutional practices (e.g. program or course enrollment constraints; classroom practices, etc.), which are rarely examined. For example, students may lose interest in a degree path after they discover that they are ill-prepared for the academic demands that the path makes of them, or after they are told that a particular course required for the program is not available.

Beyond individual determinants of college persistence and degree completion, institutional differences may also matter. Four-year colleges vary dramatically in the share of entering freshman they graduate, and in the average time to degree. However, college
selectivity accounts for an appreciable share of the institutional variation in college graduation overall (Cohodes and Goodman, 2012; Melguizo, 2008; Small & Winship, 2007). Several studies have explored community college quality differences, finding modest differences between campuses in their degree completion and transfer rates (Cunha and Miller, 2014; Clotfelter, Ladd, Muschkin, and Vigdor 2013; Ehrenberg and Smith, 2004). A recent paper investigating quality differences across California community colleges finds that after adjusting for differences in student inputs, going from the 10th to 90th percentile of campus quality is associated with a 0.08 (27.1 percent) increase in the probability of completing a two-year degree (Kurlaender, Carrell, and Jackson 2016). Far less is known about what might account for differences in degree completion across less selective campuses, particularly community colleges. Stange (2012) exploits differences in instructional expenditures per student across community colleges and finds no impact on student attainment (degree receipt or transfer). Calcagno and colleagues (2008) identify several institutional characteristics that influence student outcomes at community colleges: larger enrollment, more minority students, and more part-time faculty are associated with lower degree attainment and lower 4-year transfer rates (Calcagno, Bailey, Jenkins, Kienzl, and Leinbach, 2008).

What specific institutional practices might lead to higher retention and degree receipt? Prior research from sociology and social psychology suggests that student interaction with faculty and peers, sense of community, active engagement with the institution, and mentoring all contribute to higher rates of persistence (Astin, 1993; Braxton, 2000; Habley, Bloom, & Robbins, 2012; Umbach & Wawrzynski, 2005; Lotkowski, Robbins, & Noeth, 2004; Tinto, 1993). However, much of this work was done at four-year institutions, or for BA intending students. Moreover, although these studies provide sensible theories about college success, many
of these studies fail to adequately control for observable and unobservable differences between students who select different kinds of colleges or collegiate experiences, and thus risk conflating the contributions of student characteristics to rates of postsecondary persistence with those of institutional practices and policies.

Several experimental and quasi-experimental studies have explored specific institutional practices and programs and their impact on persistence and degree attainment. One of the most canonical experiments at community colleges is CUNY’s Accelerated Study in Associates Program, which couples tuition waivers with intensive counseling and finds large positive effects on graduation rates and transfer to four-year colleges (Scrivener et al. 2015). Another set of experiments at community colleges is of learning communities (a practice that groups students together in several courses, often with additional supports). A rigorous evaluation of learning communities conducted by MDRC found generally positive effects on long-term outcomes, such as graduation, and modest short-term outcomes (Sommo, Mayer, Rudd, & Cullinan, 2012). However, they also highlight the implementation challenges associated with this strategy (Visher, Weiss, Weissman, Rudd, & Wathington, 2012). More recently, Evans, Kearney, Perry, and Sullivan (2017) evaluate a program called Stay the Course, which is designed to address the “life barriers” that challenge many economically-disadvantaged students. The program provides mentoring services and emergency financial assistance (EFA) to community college students in Texas. Preliminary results show that the mentoring services combined with access to emergency financial assistance for non-tuition expenses improve persistence and completion rates, though results are only statistically significant for women.

Finally, one potentially important, but less widely understood, source of institutional variation in degree completion and time to degree, is institutional capacity constraints. Bound,
Lovenheim and Tuner (2010) propose that overcrowding at public institutions in states that experience rapid growth in their number of recent high school graduates contributes to reductions in rates of college completion and increases in time to degree. One key mechanism by which resource constraints may impact student completion outcomes at open access institutions is through a shortage of courses, or program enrollment caps. Scarce resources may keep an institution from enrolling new students or cause them to distribute fewer resources per enrolled student (e.g. larger class sizes, fewer course offerings, or fewer programs). If student demand for particular CTE programs outpaces the supply of those seats, some students will have to defer their enrollment or opt out.

The effect of these constraints may take other forms as well, and likely varies across students’ postsecondary careers. Students who confront enrollment constraints early in their careers, especially constraints on required or prerequisite courses, may switch programs or extend their time to degree. This may have a ripple effect for those students forced to defer, as they postpone taking courses that are prerequisites and thus delay taking more advanced courses as well. CTE students are very commonly part time students. If courses are sequenced, and offered only once per year, their progress may be slowed by lack of appropriate course work in a given semester. Longer time to degree may also have important impacts on the institution and the state in which the student attends school. From the institution’s perspective, a longer time to degree causes an unplanned increase in the number of continuing students, straining a university’s already increasingly scarce resources.

Extended time to degree has a range of potential impacts, from increasing the cost of education for the student to suppressing the supply of college-educated workers in the economy. By extending their time in college, students pay tuition and fees for extra semesters, and increase
the opportunity cost of the college investment. Ultimately, long delays in college completion affect the stock of college-educated workers that the U.S. increasingly demands (see Dynarski, 2005 for discussion).

In this paper we examine whether features of the capacity and flexibility of California community college career technical education (CTE) programs affect student academic progress and success. We focus on several malleable factors of program capacity, such as the timing and frequency of course offerings in a given term, as well as the number of sections or sessions available for a given course. Because these factors have rarely been systematically studied, our empirical examination is somewhat exploratory. Importantly, we begin by examining a number of factors under the regular control of program and college administrators that could potentially contribute to greater flexibility in course offerings. We then examine the association between these indicators of flexibility and a number of student outcomes. While a clear causal relationship running from flexibility to student outcomes is beyond the scope of this study, the empirical relationships we show can reflect both the extent to which program decisions may respond to student demand, and thus, may suggest potential ways in which outcomes can be improved.

II. Data and Sample

a. Data Sources

The California Community Colleges system is the largest public higher education system in the country. We use detailed administrative records from the California Community College Chancellor’s Office (CCCCO) for over 2.6 million students enrolled at any of the 114 colleges in
the system between 2001 and 2016. For each student in each semester, we observe each course taken, grades in that course, and term-level financial aid information. We also have information on demographic characteristics of students and degrees or certificates received. We group degrees and certificates into associate’s degrees, large certificates (comprising at least 30 units), and small certificates (between 12 and 29 units).

We categorize students as enrolling in “programs,” which we define as a combination of a field of study, type of degree or certificate (i.e. associate degree, small certificate, or large certificate), and a college. We define fields of study by their Taxonomy of Programs (TOP) code, a system unique to California’s community colleges but similar to the more commonly used Classification of Instructional Programs (CIP) codes. All community colleges in the state are required to use the TOP code, which grants us a uniform categorization of the topical content of degrees and courses across time that is common across all of California’s community colleges. In particular, the CCCC0 identifies a specific set of TOP codes as CTE, which allows us to note students who take such courses and earn CTE-identified degrees. In this analysis we focus exclusively on CTE programs. An example of a program, for our purposes, is an associate’s degree in Registered Nursing (TOP Code 1230.10) at Sacramento City College, or a small certificate in Cosmetology and Barbering (TOP Code 3007.00) at American River College. Many programs exist throughout the entire time period we study, while some programs start after 2001 or end before 2014.

The CCCC0 data also include detailed information on each course offered at every college in every term. Each course is identified by a unique identification number that allows us to link it across terms within a college, even if the course name or number changes.\(^1\) Each course

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\(^1\) Some colleges change their internal course numbering schemes, so a class might be called Welding 1A in one term but Welding 101 in another. Similarly, Welding 1A might be named “Introduction to Welding” in one year and
is also identified with a TOP code, allowing us to link courses to the programs for which they train students. There are additional records for each section of each course each term, with information on time and days of the week each section is offered, and the mode of instruction.

b. Sample Construction

Our sample consists of CTE programs that offered at least one course between the 2001 and 2014 academic years. Some programs are quite small, and there are some colleges that may offer courses in a TOP code but no degree or certificate. We exclude TOP codes for which at least 75 percent of the programs in the TOP code had no completers in any year. We also exclude TOP codes that had no degrees or certificates in at least 20 programs or years between 2001 and 2014. Table 1 shows the number of programs in the sample in the 2001 and 2010 academic years. In 2010 the data include approximately 2700 programs, approximately half of which are AA degrees or certificates requiring 60 or more units. An average program is offered across 27 different colleges. This demonstrates the large scale of the California Community College system and also shows the scope of our empirical strategy. Below, we make use of differences in the characteristics of course offerings both across colleges and TOP codes and over time. The table also shows the number of degrees and certificates per program in those years.

For each program we observe four separate outcomes. The first is the number of entrants to the program, which we define as the number of students who enroll in a course in the program for the first time that semester. These may be students who first enrolled in a community college

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“Welding Principles” in another. The CCCCCO’s system-wide identification number remains the same across time as long as the content of the class is the same.

2 We are not able to identify the set of required courses for each degree or certificate, so it is likely the case that certain courses are required for programs in a separate TOP code. We focus on CTE programs, however, where this is less likely to occur than in academic programs. For example, math classes are required for many CTE programs, but we ignore math classes for the purposes of this analysis.
in a prior year. A student may be an entrant at more than one program. Because the set of courses in a program do not depend on the award type, two programs in the same TOP code in the same college will have the same number of entrants that term. The second outcome is the number of completers that term. The third outcome is the mean time to degree for completers that term. We define time to degree as the number of years since a student’s first term taking a course in the TOP code. All degrees and certificates are coded in the dataset as having been awarded in the Spring semester. The final outcome is the share of entrants in a particular term who ultimately complete the program within 200 percent of the time required. We define the amount of time required as how long it would take to complete the program as a full-time student. For an associate’s degree, 200 percent time is four years; for a large certificate it is also four years, and for a small certificate it is two years. We select entering cohorts for which we are able to observe students until the calendar years representing at least 200 percent of normative time for completion to avoid excessive censoring of degrees still in progress.

c) Explanatory Variables

We are interested in how a program’s flexibility affects its size or enrollments and the academic outcomes of its students. We compile a long set of course-level characteristics, and take the program-level mean for each academic year. We initially construct a large set of characteristics to describe the timing and flexibility of courses in these programs. For example, we create a number of variables to summarize the terms, days, and times of each unique course offering. For the timing of courses, we define the morning as starting before noon, the afternoon

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3 For example, consider a college that offers a large and a small certificate in Cosmetology and Barbering (3007.00). The course list for both types of awards will be the same at that college, so we consider any student who enrolls in a course in the 3007.00 TOP code at that college to be an entrant for the large as well as the small certificate programs.
as starting between 12-4pm, and the evening as starting after 4pm. One advantage often cited by for-profit institutions is that enrollment occurs year-round, so that students do not have to wait until the beginning of a traditional academic year to begin a program (Deming et al. 2012). To mimic the potential advantage of year-round enrollment, we tabulate, for each program, the fraction of classes that are offered 3 times in a given year—Fall, Spring, and Summer sessions. The idea is that students may be particular attracted to programs in which more courses are offered multiple times per year, particularly important if programs have required course sequences and prerequisites. We also include the fraction of courses offered both Fall and Spring, which would provide two opportunities per year to take required introductory courses. Working individuals may prefer programs that offer evening courses, or meet fewer times per week, or provide multiple day and time options. Thus, we also include a number of variables describing both time of day and the number of course meetings per year.

Table 2 shows program-level means for the individual characteristics. For example, the average program in 2010 offered 81 percent of its classes during the spring term, 68 percent during spring and fall terms, and 20 percent of its classes in all three terms (Fall, Spring, Summer). Roughly 40 percent of courses are offered in a format with only a single course meeting per week, and 41 percent are offered during the event. Weekend offerings are relatively rare, with just 8 percent of courses offered on weekends as of 2010.

Finally, Table 2 provides a summary of the typical number of courses required for CTE degrees and certificates. Because the majority of our programs are AA degrees or certificates of a similar length, it is not surprising that an average program requires 55 to 61 units, or 20 to 25 individual courses.
To avoid a multiple comparisons problem and to improve interpretation of the results, we use the individual course and program characteristics to form a summary measure of flexibility. Following the commonly used approach (e.g. Kling et al. 2007, Hoynes et al. 2016), we first standardize each component (shown in Table 2) to have mean zero and standard deviation one. The flexibility index is then the mean of these individual standardized components. Column 1 of Table 3 shows the correlation between the index and its sub-components. Some correlations are negative; we flip the sign of these variables when constructing the index, so that a higher value of the index indicates a more flexible program. In general, the sign of the sub-components is intuitive. For example, there is a negative correlation between the flexibility index and having a higher share of courses being offered only in the Fall, only once per week, or only on weekdays.

As the first column of Table 3 makes clear, however, not all the components of the index are strongly correlated with the resulting index. This means that some components may not contribute much to the index. To use just the components that are strongly correlated with each other, we calculate the Cronbach’s alpha for each combination of components, leaving one out each time. We then create an index that uses only the components that do not increase the alpha when they are left out. The resulting set of components for this selective index is shown in the second column of Table 3. The correlation between the two indices is high, however, at 0.91, so for the main analysis we use the full index from the first column.

The use of this type of index has both advantages and disadvantages. The advantage is that it avoids spurious conclusions that could come from the seemingly endless number of individual measures of flexibility that could be constructed—some of which would likely be statistically significant simply by chance. The index also provides an empirical representation of the vague notion of “flexibility” that is often touted by for-profit programs. For this reason, we
begin our empirical explanation with the flexibility index. The disadvantage of the flexibility index is that it obscures the concrete factors that community college leaders have the ability to control and that may actually drive any potential effects on enrollment or completion. Thus, we follow the index-based empirical results with some analysis of individual components, to add to our understanding of what ground-level scheduling strategies may contribute to effects on student outcomes.

Our expectation is that the extent of flexibility in programs—as proxied by the index—will be related to the nature of the field of study. For example, more scientific, or technical, CTE fields might have more required courses and prescribed course sequences and as such have less flexibility. Areas of study for which workers face continuing education requirements may have a greater number of non-required courses that are offered outside of strict sequences and so may appear to be more flexible according to the index. To provide a glimpse into how the flexibility index varies across disciplines, Table 4 lists the disciplines (by length of degree and certificate) with the highest and lowest levels of flexibility. A number of technical health fields (dental assistant, phlebotomy, medical assisting, veterinary technician) are among the lowest flexibility disciplines. In contrast, business administration programs, family and consumer sciences, and cosmetology show up as among the most flexible CTE programs.

Before detailing the regression analysis we use to understand the relationship between flexibility, enrollments and other outcomes, Figure 1 plots the time pattern of our flexibility index, including the 25th, 50th, and 75th percentile of the index, separately by length of the degree. Figure 1 also separately shows one component of that index, the fraction of courses offered online. As we discuss below, the online course measure is unique in that all colleges begin the period with NO online offerings and so the variation over the years in that component deserves
some separate discussion. For the flexibility index as a whole, the time patterns are consistent across different degree lengths and are similar at different parts of the distribution, suggesting that common factors are likely driving flexibility changes over time for a variety of programs.

The general pattern in panels a through c of Figure 1 shows slight increases in flexibility between 2001 and the start of the recession and state budget crisis in 2008. The median of the flexibility measure fell starting in 2008, but then reversed and began to rise again as the state economy recovered in the last few years of our sample. This suggests the important role that budget constraints may play in what we are measuring as flexibility. Increased flexibility may also reflect the relaxation of constraints on course offerings driven by resource constraints. In the descriptive results below, we attempt to pull apart these broad trends to better understand how flexibility may be related to enrollment and program completion numbers, speed, and rates. In particular, we ask whether programs at colleges with greater flexibility in their course schedules and offerings are associated with greater enrollments or completions. We also estimate regressions that control for all cross-sectional differences across colleges and programs and ask whether enrollments and outcomes improved in the programs that were increasing their degree of flexibility.

III. Empirical approach: relating flexibility to student outcomes

If we assume that our flexibility index summarizes the key aspects of course timing and flexibility we can next use some simple regressions to better summarize the relationship between CTE enrollments and completion and these aspects of flexibility. We are not in a position to make strong causal claims, but can use regression techniques to understand the association between these measures of student access and progress and the timing and logistics of CTE
course offerings. Specifically, we collapse our individual data to program (p, defined by 6-digit TOP codes) by year of cohort entry (t) by community college (c) level, and estimate several regressions of the following form:

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(1) \ Y_{pc(t+s)} = \alpha_p + \gamma_t + \theta_c + \pi flex_{pc(t+r)} + \beta D_{pct} + \varepsilon_{pct}
\]

Outcomes we consider are entrants into the program, defined as the number of students who enroll in a course within the program for the first time during semester t; the number completing the certificate or degree, time to completion among completers, and number completing the degree within 200% of the normative time for full-time enrollment. We present results for a variety of specifications including different sets of controls to understand how the association changes as covariates are added. We also estimate separate regressions for programs of different lengths. To avoid excessive volatility in the flexibility index, we use 3-year moving averages for the index, so that flexibility at time t is a function of the averages of all index components from year t-1 to t+1.

The relative timing of the dependent variable varies across different outcomes. For specifications examining the number of new enrollments in a program, we set s and r to 0 in equation 1 and look at the relationship between entrants in year t and the 3-year average flexibility index centered at year t. For the numbers of students completing, we set s equal to twice the normative time for completion of the particular degree or certificate (6 months, 1 year, or 2 years) and set r so that the flexibility measure is centered at the expected midpoint of
enrollment in the program.\textsuperscript{4} Time to completion and number completing at a certain time are defined similarly.

Our empirical approach makes use of two sources of variation in our data. In specifications without program-level fixed effects, we are using variation across college campuses (recall that “program” includes college, field, and length of degree) as well as variation within programs over time. When we add program effects to the specification, variation in the flexibility index comes from differences in the evolution of flexibility over time in different programs and on different campuses. Essentially, this uses the interaction between program and year to identify the correlation, (with fixed effects to control for cross-sectional differences in any given year and state-wide annual changes).

Before presenting regression results, we provide some evidence of the extent of variation available in our data. If, for example, fields of study are highly standardized across campuses or change together in response to discipline-specific mandates, we may lack variation over time or across disciplines within a specific college. Because we rely heavily on the interaction of time and program effects, we examine how much variation exists in our data in year-to-year changes across programs. To do this, we plot the distribution of program-level changes over time (from 2001-2003 to 2012-2014) in the flexibility index. These are displayed in Appendix Figure 1. These changes have means close to zero but display substantial variation around the mean. For example, among small certificates, there are substantial changes both below -0.25 and above 0.25. There is a similar distribution around a mean of zero for larger certificates and AA programs. We have repeated this exercise for individual certificates (defined by length and TOP

\textsuperscript{4} We have tried alternative specifications of the timing of flexibility and enrollment and our results are not sensitive to this aspect of the specification.
code), so that observations are over time changes at different colleges. Once again, we see substantial dispersion in changes in the index over time.

While this suggests that there is some substantial variation over time in our flexibility index, it raises the question of what types of changes in the individual components of the index drive these changes. This also provides a glimpse of what program-level changes would lead to large increases in flexibility as measured here. In Table 5 we display the components of the index for the five largest observed changes in flexibility over the full length of our sample (2001 to 2014). Column 1 shows a program in Business Management that increases the flexibility index by 1.24 over the period. This is driven largely by a big change in the number of courses that are offered spring, summer, and fall. Essentially, the program seems to initiate a full offering of courses during the summer term, which raises that element of the index substantially. Another large change, of approximately 1, in the flexibility index is shown in column 3 with the introduction of on-line offerings. This program goes from offering no online courses to being fully online, with the fraction of courses offered online equal to 1. Most changes in the index will be driven by less extreme changes in the individual components, but these examples serve to illustrate what types of changes can drive large changes in measured flexibility.

IV. Results

a. Measuring flexibility through the index

Table 6 shows the results from regressions of the number of entering students in a program and the degree of flexibility. The first column shows results when we include only year and program fixed effects. In this specification, variation in the degree of flexibility comes from
the interaction of program, college and time. *The identification comes from differences in the evolution of flexibility measures over time in different programs and from variation across college campuses.* For programs of all sizes, results suggest that increased flexibility is associated with increased numbers of students enrolling in those programs. The point estimates here reflect the effect a one standard deviation change in the flexibility index. Recall, from the exercise above, that a change of this magnitude in flexibility would reflect a substantial change in the availability or timing of course offerings. For such a change, results indicate an increase in entrants to the program of between 400 and 550 students, a large change given the average number of entrants (the mean of the dependent variable) of 380 to 500 students.

In some sense the positive relationship between flexibility and enrollment should not be surprising since many of the elements of flexibility may be associated with having growing demand for the program. For example, offering more classes during every academic semester (fall, winter, and summer) is not likely to occur in programs with shrinking enrollments, and so this should not be viewed as evidence of a causal relationship operating from changes in flexibility to changes in enrollments. Still, other elements of the index are less obviously tied to growth in overall student demand, such as scheduling courses on weekends, or in the evening, and so may point to the possibility that greater flexibility in this community college setting can help attract new students.

In column 2 we add controls for the demographics of students enrolled in the program, including gender, race, and mean age. Because differences in student populations across colleges and programs may affect our outcomes, it is important to test for sensitivity to these characteristics. For enrollment, adding demographic controls, in addition to time and program fixed effects, does not substantially change the magnitude of the estimated association between
flexibility and entrants. Finally, in column 3 we add dummy variables for the community college. This isolates time series variation in the degree of flexibility within colleges and specific programs as the key source of identification. The effect of flexibility is identified from differences in the evolution of flexibility over time in different colleges and programs. The coefficients fall slightly, but remain sizeable relative to the mean number of entrants and are strongly statistically significant. This suggests that increases in flexibility within a program are associated with growth in the size of entering cohorts. Consistent with the notion that for-profit colleges are able to attract students partially through their flexibility with respect to timing and start dates, public community college programs are also able to grow enrollments by, or meet growing enrollments with, increased flexibility in their offerings and scheduling.

Table 7 summarizes our estimates of the relationship between the number of students completing a program in a given year and the extent of flexibility over that cohort’s normative years of enrollment. For this outcome, we relate completions in the years after an entering cohort’s expected completion year to the extent of flexibility measured between their entry year and the expected year of completion. As was the case for entrants, the coefficients are fairly stable across the three specifications and so we focus primarily on column 3 including the full set of fixed effects for year, program, and college, along with controls for student demographics. These results show a strong positive correlation between flexibility and the number of completions in a given year. The magnitude of the coefficients suggests that a standard deviation increase in flexibility is associated with between 11 and 27 additional students completing degrees or certificates. Scaled as a percentage of the mean number of students this represents approximately a doubling of the number of students in a given program-college combination. Given the increases in program enrollments noted in Table 7, this suggests that completion rates
remain roughly constant; that is, as flexibility increases, completions increase in roughly the same proportion as enrollments.

Two key points are important in interpreting the results from Table 7 on completion. First, the coefficients are large, and if viewed as a causal response, would suggest a very large change in the number of students entering and completing degrees due to increased flexibility. We caution that these coefficients are likely to reflect reverse causality, as programs increase course offerings and flexibility in those programs and years with high student demand. Second, this interpretation of reverse causality is also important on its own. Specifically, this suggests that individual programs can be quite responsive to increased demand, or larger entering cohorts, and adjust the scheduling and offering of classes in a way that, at worst, seems to keep completion rates constant.

Tables 8 and 9 address the issue of completion rates and time to degree more directly, examining time to completion among those who do complete certificates and degrees, and the probability of completing a program within twice the standard time to completion. Examining time to degree is necessarily estimated on a selected sample of only those who do complete before the end of our sample and so should be interpreted accordingly. Looking at completion within twice the expected length of the degree is appropriate given that more than half of community college students enroll in community college programs part-time (Snyder et al. 2016). Thus, we would expect, for example a program with one year of full-time course work to take at least two years for many students.

Our results confirm that there is little association between the speed of students’ completion of degrees and the extent of flexibility in the program offerings. Table 8 shows no statistically significant association between flexibility and time to completion for any degree
types, and regardless of the controls included. The point estimates themselves are very small relative to the mean completion times, which range from just over three years for the shortest certificates to more than four years for AA degrees. In table 9, small certificates and AA degrees show no evidence of a statistically significant correlation between flexibility and the probability of completion. For longer certificates there is a positive and statistically significant coefficient on the flexibility index that suggests an increase in the probability of completion of approximately 30%. Overall, these tables provide little consistent evidence that changes in flexibility are related to changes in the likelihood or speed of completion.

Taken together, Tables 6 through 9 show that flexibility may attract more students to a particular program, and those additional students seem to complete these programs at roughly the same rate, or over the same time frame, as those attending prior to the increased flexibility. The pattern of findings is not sensitive to the nature of the variation used. In some specifications we focus on variation across different colleges that may differ from one another in their overall scale or enrollment management practices, and so also differ systematically in the extent of flexibility they offer. Results are similar, however, if we eliminated the cross-sectional variation across colleges and rely instead on differences in the evolution of flexibility over time within programs and colleges. That is, differences across program-college pairs in the evolution of flexibility over time are positively associated with changes in enrollments and completions over time.

Many students enrolled in CTE programs are older than traditional college ages and frequently combine substantial employment with part- or full-time study. For these older students, flexibility may be particularly important. In Table 10 we show results when we stratify the sample according to age at students’ initial enrollment. We find no evidence that students entering CTE programs at age 30 and beyond are more responsive to various types of flexibility.
Point estimates are often smaller for the over 30 students, but this seems to reflect the smaller means for entrants and completions among that group.

We have also estimated regressions that isolate individual components of flexibility that may affect the same student outcomes. Specifically, we consider the effect of the fraction of courses offered online, the fraction offered Spring, Summer, and Fall, those offered just once per week, and those offered on weekends on the number of students completing programs of study. There are significant and positive effects of offering programs online for longer certificates and for AA/AS degrees, but this result is not robust to the addition of college fixed-effects, which focuses variation purely on differences in the timing of online offerings. In contrast, all program types show increased numbers of students completing as a result of offering courses in all parts of the academic year, and this is robust to the inclusion of college fixed effects. Other components of the index are statistically significant on their own only in fairly isolated cases—some types of programs or in some specifications. This supports our decision to focus on the composite index, which increases the statistical power and avoids problems of multiple coefficient testing.

b. Event-study approach

To provide a richer description of how changes in components of flexibility may be related to changes in student outcomes, we have also estimated event-study models for two types of events—introduction of online courses and shifts to offering a year-round curriculum, with most courses offered fall, spring, and summer. This can show whether discrete changes in these components of flexibility are associated with similarly discrete changes in enrollments or completion. Specifically, we estimate event-study models summarized by:

\[ y_{ict} = \alpha_1 + \sum_{g=0}^{G_{\text{max}}} \beta_g I(t=g) + X'_{ict}\gamma + \delta_i + \delta_c + \delta_t + e_{ict} \]
Y represents a student outcome in program i, at college c in year t. We include indicators for years prior to and after the year of event in question (introduction of online-courses or a move to offering most classes in all semesters). We also include student demographic controls and fixed effects for the program and year. Finally, we include college fixed effects interacted with a time trend.

Figure 2 summarizes the event study for student outcomes before and after the introduction of online coursework in specific colleges and programs. For all outcomes there are two clear patterns. First, the introduction of online courses seems to occur in programs that are experiencing positive trends in enrollment and completion numbers. There is clear upward trend in enrollment and completion prior to the year in which online courses are introduced. This trend generally continues in the years after online courses are offered. Second, and related, there is little evidence in these event study figures to suggest that the addition of online courses changes the level or trend of student outcomes. This suggests that additional flexibility through online offerings will not lead to increased enrollment. Instead, it suggests that online options are a response by colleges to accommodate growing programs with high demand. This provides a negative answer to the question of whether online courses automatically improve student outcomes, but does show that they are an important part of how CTE programs are now managing enrollment demand.

Figure 3 repeats this event study approach for programs that switch to year-round enrollment. In this case we define the event as programs that have an increase of more than 50 percentage points in the fraction of their courses offered in all three academic terms (fall, spring, and summer). There is little evidence of a sharp break in any of the outcome trends around this change in the fraction of courses offered in every term. There are clear trends in the outcomes,
sometimes in the direction suggesting a negative correlation between flexibility and student success. These results should be viewed cautiously. In addition to the small sample sizes, this event-study set up does not account for the possibilities that these events are reversed in subsequent years.

IV. Conclusion

As CTE programs within community colleges attempt to improve the number of students they serve (often competing with for-profit programs), and the outcomes of those students, a number of potentially effective levers may be available. This paper has examined correlations between a large number of program and course scheduling and formatting features and student enrollments and completion. Our goal was to examine the possibility that these mutable features of programs can together affect the flexibility of programs and thus affect student interest and success. We find strong evidence that flexibility and program-level student enrollment and completion are positively correlated.

Our results show that offering most classes multiple times per year, at different times of the day, and having online options, among other individual factors can increase the degree of flexibility for CTE students. In turn, greater flexibility is associated with higher numbers of students both enrolling in and completing CTE programs. We find no association between flexibility and time to degree or completion of degrees within a specified time frame. Increased flexibility thus seems to be associated with more students entering, and these additional students are able to complete programs at approximately the same rate. These results need to be interpreted carefully and as preliminary descriptive information about the empirical relationship
between flexibility and student outcomes. This information is important even if we view it as
evidence of CTE programs responding to actual or anticipated student demand or student needs,
and not as exogenous changes that causally affect student outcomes. Our analysis shows that
changes in program features and scheduling can, at times, be used to accommodate or respond in
the short-term to changes in program demand or enrollments.

The fact that year-over-year changes in the extent of flexibility are positively correlated
with the numbers of students who complete CTE programs is similarly important. As we note
above, previous research has found mixed evidence on the idea that capacity constraints and
overcrowding can slow student progress. Our results on flexibility hint that there is also a danger
that small programs with plenty of capacity for additional growth could also slow progress. If
programs are, for example, too small to offer key courses more than once per year, it may not be
possible to offer the type of flexible, year-round, offerings we analyze here. One of the major
cconcerns with interpreting our positive association between flexibility and outcomes in a causal
way is that we do not know under what conditions programs choose to increase flexibility. If
programs become more flexible in response to high student enrollments, we cannot attribute
increased completions to the flexibility, but may want to focus on flexibility along with concerns
about capacity to reach conclusions about how best to serve the most students.

Finally, our results point to the possibility that online programs can improve flexibility,
but we see little evidence that they have, as yet, improved student completion rates. These
results, in particular, should provide the basis for additional research and experimentation that
can help community colleges use these scheduling and other factors optimally.
References


