

SOE Resource Guide for Students (Updated December 2024)

This guide provides a curated list of active resources available to UC Davis students, compiled to help you easily navigate the resources available to you. If you know of additional resources, please send the information to **Student Services** at eduadvising@ucdavis.edu for inclusion.

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1. General Resources

- [Frequently Asked Questions – UC Davis Student Resources](#)
Visit the FAQ page for commonly asked questions and answers about resources at UC Davis.

2. Academic Assistance

- [Graduate Studies Orientation Information for Students](#)
Get information about graduate studies and program-specific orientation.
- [Student Academic Assistance & Tutoring Centers](#)
Offering one-on-one online tutoring and support for various subjects.

3. [Campus Calendars](#)

- Stay updated on campus events, deadlines, and opportunities.
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4. Campus Recreation

Campus Recreation promotes well-being through personal development and involvement in various programs, services, and facilities.

Activities and Recreation Center (ARC):

- **Hours of Operation:**
 - Monday–Friday: 5:00 AM – 12:00 AM
 - Saturday & Sunday: 8:00 AM – 11:00 PM
 - **Contact Information:**
 - Member Services: memberservices@campusrec.ucdavis.edu | 530-754-5306
 - Front Desk: 530-754-5306
 - Equipment Room: 530-754-2167
 - Aquatics: aquatics@campusrec.ucdavis.edu | 530-752-2691
 - Craft Center: craftcenter@campusrec.ucdavis.edu | 530-752-1475
 - Equestrian Center: equestriancenter@campusrec.ucdavis.edu | 530-752-2372
 - LiveWell: livewell@campusrec.ucdavis.edu | 530-754-2179
 - Outdoor Adventures: outdooradventures@campusrec.ucdavis.edu | 530-752-1995
 - Rec Sports: recsports@campusrec.ucdavis.edu | 530-752-5586
 - Sport Clubs: sportclubs@campusrec.ucdavis.edu | 530-752-3500
 - Youth Programs: youthprograms@campusrec.ucdavis.edu | 530-754-4304
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5. Financial Assistance

- **[Financial Aid Office \(Dutton Hall, 1st Floor\)](#)**
Offers campus grants, loans, scholarships, and work-study.
Hours: Monday-Friday, 10:00 AM - 2:00 PM
 - **[Emergency, Short-Term, and Assistant Loans](#)**
Available through the Financial Aid Office.
 - **[Aggie Compass](#)**
One-stop resource for financial assistance, including immediate and short-term support.
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6. Food & Nutrition Resources

- **[Aggie Compass Basic Needs Center](#)**
Offers food and shelter assistance, including resources like CalFresh and The Pantry.
Hours: Monday–Thursday: 9:00 AM – 5:00 PM; Friday: 9:00 AM – 3:00 PM
Location: East Wing, Memorial Union
Phone: (530) 752-9254
- **[The Pantry](#)**
Free groceries, food items, and toiletries.
Location: Memorial Union, [177 East Quad Ave.](#) or [online orders](#)

Hours:

- Monday – Friday: 10:30 AM – 4:00 PM
- Saturday – Sunday: 12:15 PM – 2:00 PM

- **[GSA Pantry \(Graduate Students\)](#)**

Services for graduate students.

Location: 1st floor of the Graduate Center, Walker Hall, Room 1213

Hours:

- Monday: 8:30 AM – 10:30 AM
- Thursday: 12:30 PM – 2:30 PM

- **[Healthy Aggies](#)**

Online tips for nutrition and wellness.

- **[Davis Farmers Market](#)**

Central Park: Saturdays 8:00 AM – 1:00 PM, Wednesdays 3:00 PM – 6:00 PM

UC Davis (North Quad): Wednesdays 11:00 AM – 1:30 PM (fall & spring quarters)

- **[CalFresh](#)**

State benefits for food.

- **Nearby Foodbanks**

- [Sacramento County](#)
 - [Solano and Contra Costa County](#)
 - [Yolo County](#)
 - [Placer County](#)
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7. Graduate Students with Families

- [Child Care Grants](#)
 - [Additional Medical Coverage Under CA's Medi-Cal Access Program](#)
 - [CA Dept of Public Health Women, Infants, and Children Program](#)
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8. Health & Mental Health Care

- **[Crisis resources](#)**
 - [Immediate Crisis Resources](#)
 - [Case Management](#)
 - [Emergency Shelter](#)
 - [Immediate Food](#)
 - [Mental Crisis Health Resources](#)
 - [Financial Hardship](#)
 - [Longer Term Support](#)
- **[Aggie Mental Health Website](#)**

Comprehensive mental health resources available for students.
- **[Aggie Compass](#)** One stop for mental health resources including online counseling and campus and community resources.

- **[UCD Student Health and Counseling Services \(SHCS\)](#)**
Offers counseling, suicide prevention, sexual health, and crisis intervention.
Contact: 530-752-0871
Schedule Appointments: [Health-e-Messaging portal](#) More scheduling info may be found [here](#). [Crisis Consultation Services](#) are available by calling 800-273-8255 or text “RELATE” to 741741. If you are experiencing an emergency, call 911 or go to the nearest emergency room.
 - **[Therapy Assistance Online \(TAO\)](#)**
Free self-help tools for behavioral health and well-being, available to all students.
Sign-up: [TAO Self-Help Enrollment](#)
 - **[UCD Office of the Ombuds](#)**
Confidential, independent, and informal conflict management.
Contact: 530-754-7233 | ombuds@ucdavis.edu
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9. Housing Assistance

- **[Aggie Compass](#)**
One-stop housing resources, including emergency shelter and transitional housing.
 - **[College Focused Rapid Rehousing Program \(CFRR\)](#)**
Offers safe, stable housing for homeless students. [Basic Needs Assistance Request](#)
 - **[Aggie House](#)**
Student-run transitional housing shelter.
Contact: aggiehousedavis@gmail.com
 - **[Emergency/Short-Term Housing](#)**
For students facing homelessness. Apply via the [Basic Needs Assistance Form](#).
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10. Tax Resources

- **[W-2 Information](#)**
 - **[Tax Information](#)**
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11. Transportation Resources

- **[UCD Transportation Services](#)**
Information about parking, biking, and transportation around campus.
 - **[UCD-UCD Medical Center, Sacramento Shuttle](#)**
Shuttle service between the UCD campus and the UC Davis Medical Center.
 - **[UCD-UC Berkeley Shuttle](#)**
Shuttle service for UCD and UCB faculty, staff, and students.
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12. COVID-19 Updates & Resources

- [Campus Ready](#)
Information on returning to campus and health guidelines.
 - [Student Affairs](#)
Updates related to student services and COVID-19.
 - [COVID-19 Related Questions](#)
Campus-specific FAQ and resources.
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13. Contact Information

For any additional questions or to share resources, please contact:

- **Student Services** at eduadvising@ucdavis.edu