

Hello all,

We understand that it can be difficult to scroll through all the email you may be receiving and identify which resources are available to you at this time. So, we have tried to do some of that leg work for you. Below is a list of resources that we found to be useful and active as of Wednesday, February 10, 2021.

If you have found other resources to share, please send those links to Maria Rochin ([mrochin@ucdavis.edu](mailto:mrochin@ucdavis.edu)) and we will add it to the list for everyone. This document will also be available on the SOE Intranet under Resources: Learning for all SOE students.

## Resources for Student Life During COVID-19

### Academic Assistance

- **Student Academic Assistance & Tutoring Centers:** One-on-one tutoring and support **ONLINE**  
<https://tutoring.ucdavis.edu/>

### Financial Assistance

- **Financial Aid Office (Dutton Hall, 1<sup>st</sup> floor):** Campus grants, loans, scholarships and work study **CLOSED, working remotely**  
<https://financialaid.ucdavis.edu/graduate/gradstudies>
- **Emergency, Short-term and Assistant Loans:**  
<https://financialaid.ucdavis.edu/loans/short-term>
- **Aggie Compass:** One stop for financial resources including immediate and short-term assistance  
<https://aggiecompass.ucdavis.edu/financial-security>

### Food/Nutrition

- **Aggie Compass:** One stop for resources for students including assistance with food and shelter. Food and nutrition resources include Fruit & Veggie Up, CalFresh, The Pantry and Meals in Davis. Housing resources include emergency shelter and transitional housing. **OPEN, working remotely** Memorial Union, M-F, 9:00am-5:00pm  
<https://aggiecompass.ucdavis.edu/>  
E-mail: [compass@ucdavis.edu](mailto:compass@ucdavis.edu)
- **The Pantry:** CLOSED, but still offering services remotely through Aggie compass. For more information, email [thepantry@asucd.ucdavis.edu](mailto:thepantry@asucd.ucdavis.edu)  
<https://thepantry.ucdavis.edu/>

- **GSA Pantry:** Pantry services specifically for Graduate Students:
  - The Pantry is owned and operated by the Graduate Student Association in partnership with the Aggie Compass. The pantry is staffed by Britt Loofbourrow. The pantry is located in our offices on the second floor in the South Silo.  
Pantry Hours:
    - Monday, 9:00a to 12:00p
    - Friday, 11:00p to 2:00p
  - <https://gsa.ucdavis.edu/basic-needs>
- **Healthy Aggies:** Nutrition/wellness online tips  
<https://healthyaggies.com/>
- **Davis Farmers Market:** Year-round: Saturdays, 8:00am-1:00pm. March-Oct: Wednesdays, 3:00-6:00pm. Reduced cost produce at the end of the market  
<https://www.davisfarmersmarket.org/>
- **CalFresh:** State benefits for food  
<http://www.benefitscal.org/>
- **Nearby Foodbanks:**
  - **Sacramento County**  
<https://www.sacramentofoodbank.org/>
  - **Solano and Contra Costa County**  
<https://www.foodbankccs.org/>
  - **Yolo County**  
<https://yolofoodbank.org/get-help/>

### Graduate Students with Families

- **Child Care Grants:**  
<https://hr.ucdavis.edu/departments/worklife-wellness/student-parent/ucd-funding>
- **Additional Medical Coverage Under CA's Medi-Cal Access Program:**  
<http://mcap.dhcs.ca.gov/Home/default.aspx>
- **CA Dept of Public Health Women, Infants and Children Program:**  
<https://www.cdph.ca.gov/Programs/CFH/DWICSN/Pages/Program-Landing1.aspx>

### Health and Mental Health Care

- **Coronavirus Health and Wellbeing Recommendations:**  
<https://www.ucdavis.edu/coronavirus/news/health-well-being/>

- **COVID-19 Student FAQ:**  
<https://campusready.ucdavis.edu/student-faq>
- **UC SHIP FAQs For Accessing Care During COVID-19 Pandemic:**  
<https://www.ucop.edu/ucship/faqs/covid-19.html>
- **UCD Student Health and Counseling Services (SHCS):** Offers crisis and ongoing counseling; individual and groups; suicide prevention; sexual health, etc. Counseling referrals from SHCS can be made to a Sacramento location.  
<https://shcs.ucdavis.edu/counseling-services> **OPEN, telehealth appointments**
  - Out of an abundance of caution and to promote healthy physical distancing as recommended by Public Health, Counseling Services is limiting our in-person appointments to crisis only. Telephone sessions are offered for non-crisis visits. Graduate students can call Counseling Services appointment desk at 530-752-0871 to schedule a telehealth visit appointment. Our registration staff will assist graduate students to schedule for the next available appointment with a CS counselor. Online scheduling is also available via Health-e-Message.
  - Crisis Consultation service is available in North Hall between 9:00am - 4:30pm (Monday - Friday).
  - Crisis services after office hours can be accessed by calling 530-752-0871 and following the prompts to speak to a counselor immediately.
  - Students can also use the crisis text line by texting RELATE to 741741.
- **Aggie Compass:** One stop for mental health resources including online counseling and campus and community resources:  
<https://aggiecompass.ucdavis.edu/mental-wellness>
- **UCD Office of the Ombuds:** A confidential, independent, impartial, and informal problem-solving and conflict management resource for all members of the UC Davis community. The Ombuds can assist by listening to concerns, clarifying issues, identifying policies and resources, and providing coaching and communication strategies. **OPEN, working remotely**  
<https://ombuds.ucdavis.edu>
- **Managing Fear and Anxiety:**  
<https://studentaffairs.ucdavis.edu/sites/g/files/dgvnsk8726/files/inline-files/VCSA-MentalHealthCovid-ResourceFlyer.pdf>

## Housing Assistance

- **Aggie Compass:** One stop for housing resources including emergency shelter and transitional housing, housing organization and free legal services:  
<https://aggiecompass.ucdavis.edu/housing-security>

## Housing for the Homeless and Housing Insecure Students (Sept 2020)

We have just launched two programs for homeless and housing insecure students. Along with existing housing assistance grants and hotel vouchers, we now offer subsidies for low-income residents at the Green in West Village and a College Focused Rapid Rehousing Program (CFRR) for homeless students. All of these programs can be accessed by the student via email, phone or submitting a [Basic Needs Assessment form](#)  
[https://docs.google.com/forms/d/e/1FAIpQLSe9fHw22igZP1U4sWkhJUHSmpkqE5JEktVMDexgULRP\\_U5pgw/viewform](https://docs.google.com/forms/d/e/1FAIpQLSe9fHw22igZP1U4sWkhJUHSmpkqE5JEktVMDexgULRP_U5pgw/viewform)

on our website <https://aggiecompass.ucdavis.edu/> A little about each program:

- College Focused Rapid Rehousing is a program to help reduce college student homelessness by identifying housing, assisting with housing costs and providing intensive, traditional and college focused, case management to homeless students. This will be a pilot year for the program, which has the capacity to help between 5 and 25 students.
- Housing Subsidy at the Green, students apply to the program that will provide housing at a reduced rate for the entirety of the student's residency at the Green in West Village. To qualify students must be enrolled in 6 or more units and have demonstrated need.

We also have several [other resources](#) that may be helpful:

<https://aggiecompass.ucdavis.edu/news/covid-19-update>

- WiFi hotspots
- Free bedding and towels
- Pantry network
- CalFresh application support
- Toiletries
- Emergency Swipe Program and grocery gift cards

We've been trying to connect with the homeless student community but have found it difficult. If you know of any students that need support or are in a position where they could help us understand more about the support this community needs, please do not hesitate to refer them directly to me (Leslie Kemp [lkemp@ucdavis.edu](mailto:lkemp@ucdavis.edu)) or to our homeless liaison, Howard Channel, [hchannel@ucdavis.edu](mailto:hchannel@ucdavis.edu).

## Recreation - Aggies at Home

To support the students and staff at UC Davis during suspended operations, Campus Recreation has put together this list of links that cover topics like how to work from home, at-home workouts, managing your free time and more. Although they aren't able to offer in-person programming at our facilities at this time, they will continue to support you by providing wellness resources. The following list provides online resources for each of Campus Recreation's program areas to help keep you active until our facilities reopen and programs resume. Tell Campus Rec how you're staying active by joining the conversation on [Facebook](#) and [Instagram](#)!

Check out their [Campus Recreation's Aggies at Home](https://campusrecreation.ucdavis.edu/news/aggies-at-home) resource list that includes Live Classes.  
<https://campusrecreation.ucdavis.edu/news/aggies-at-home>

### **Tax Resources**

- **Finance & Business:**  
<https://financeandbusiness.ucdavis.edu/finance/payroll-services/ee-resources/w-2>
- **Student Accounting:**  
<https://studentaccounting.ucdavis.edu/student-resources/accounting/tax-info>

### **Transportation Resources**

- **UCD-UCD Medical Center, Sacramento Shuttle:**  
<http://www.ucdmc.ucdavis.edu/parking/intercampus/>
- **UCD- UC Berkeley Shuttle for UCD/UCB faculty, staff and students:**  
<https://berkbus.ucdavis.edu/>

### **COVID-19 Updates and Resources**

- **Student Affairs:** <https://studentaffairs.ucdavis.edu/news/coronavirus-update>
- **Frequently Asked Questions and Student Resources:**  
<https://ebeler.faculty.ucdavis.edu/resources/faq-student-resources/#ProfessionalAnswers>